

Transition from Home to School after COVID-19



Transition from Home to School after COVID-19

Dear parent(s)/carer(s),

The transition from working from home back to primary school may cause mixed feelings of worry as well as excitement. This pack aims to help children to understand and accept what might be different about school life based on government guidelines.

Contents:

Page 3: Story to read with your child about returning to school – the story can be read more than once if needed.

Pages 4-6: An activity designed to help your child understand what will be the same and what will be different about returning to school. As your child's school released more information about this, you can add information on the lines provided.

Pages 7-8: An activity to help your child reflect about what they liked most about learning from home and what they are excited about with the return to school. Your child can start by drawing a picture of themselves in blue and yellow box and then add their thoughts in the thought bubbles.

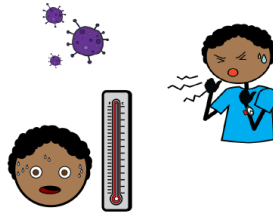
Page 9: Conversation starters to help them start conversations with friends.

Yours sincerely,

Ealing Speech and Language Therapy Services

Ealing Community Partners

Coronavirus was a virus that made people feel ill.



My school was closed to stop the Coronavirus spreading.



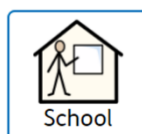
I have been doing my school work at home for _____ weeks.



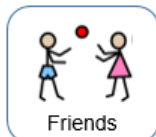
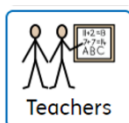
This has helped to keep me safe.



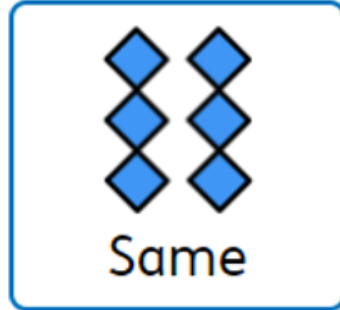
Now, it is safe to go back to school.



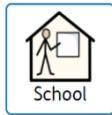
My teachers and friends are excited to see me again.



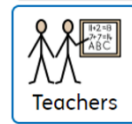
Thinking about what will be the **same** and **different** about school



When we get back to school, lots of things will be the **same** about school:



Same building



Same/Familiar



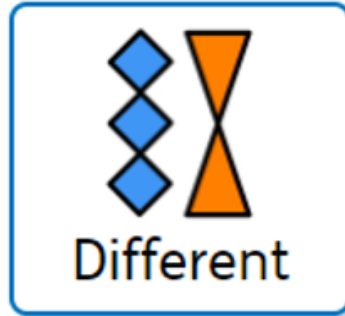
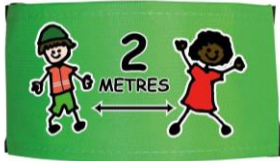
We have to wash our hands a lot



I have to tell someone if I feel ill

The government has told school to change some things to help keep teachers and children safe.

Some things will be a bit **different**:



I can't go too close to my friends or teachers

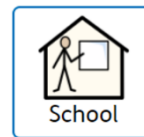
I will have lunch at a different time and place

There will be less children in my class

Things being different might make me feel a bit
worried. This is ok.

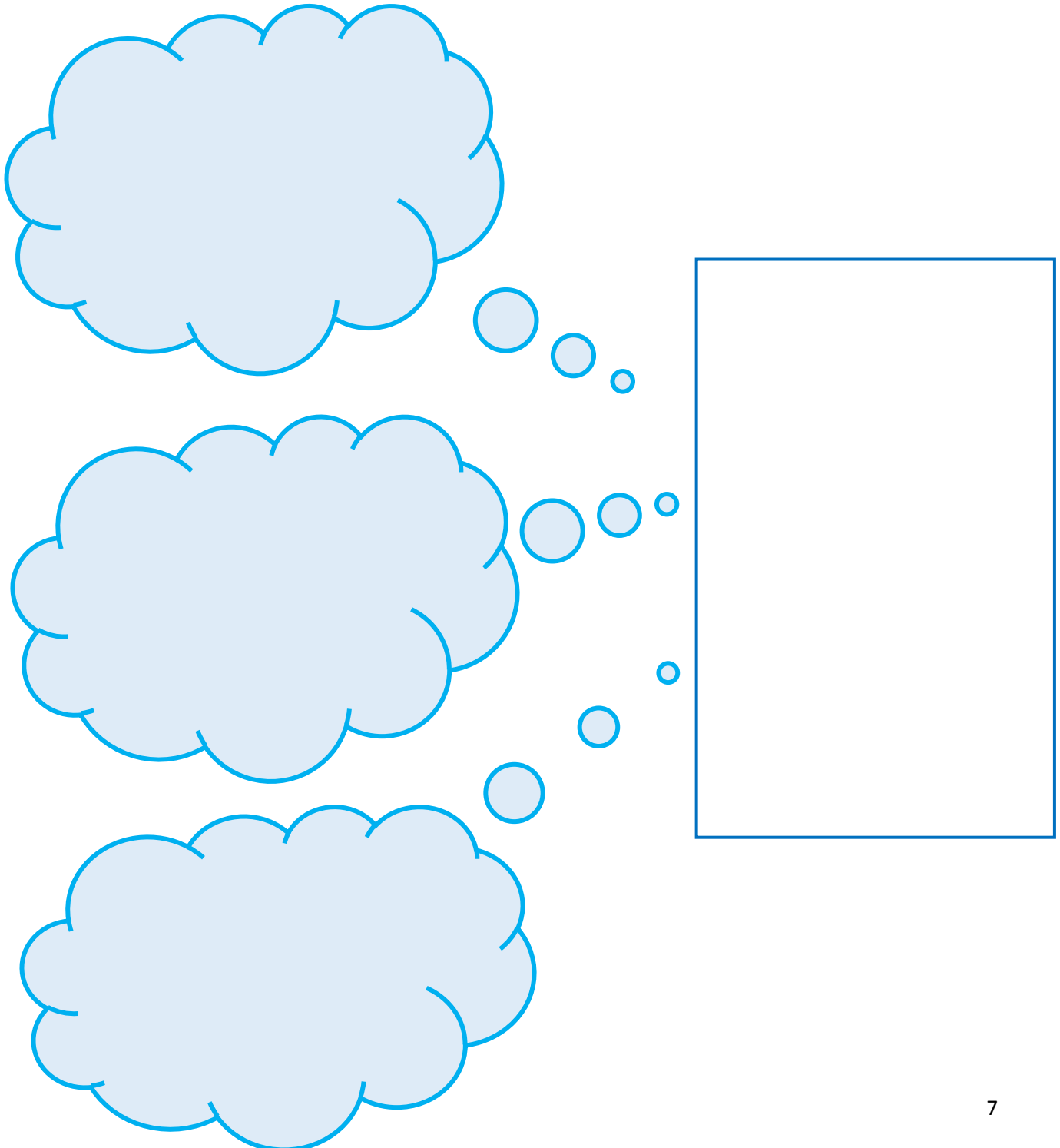
My teachers will tell me what I should do.

I will be safe at school.



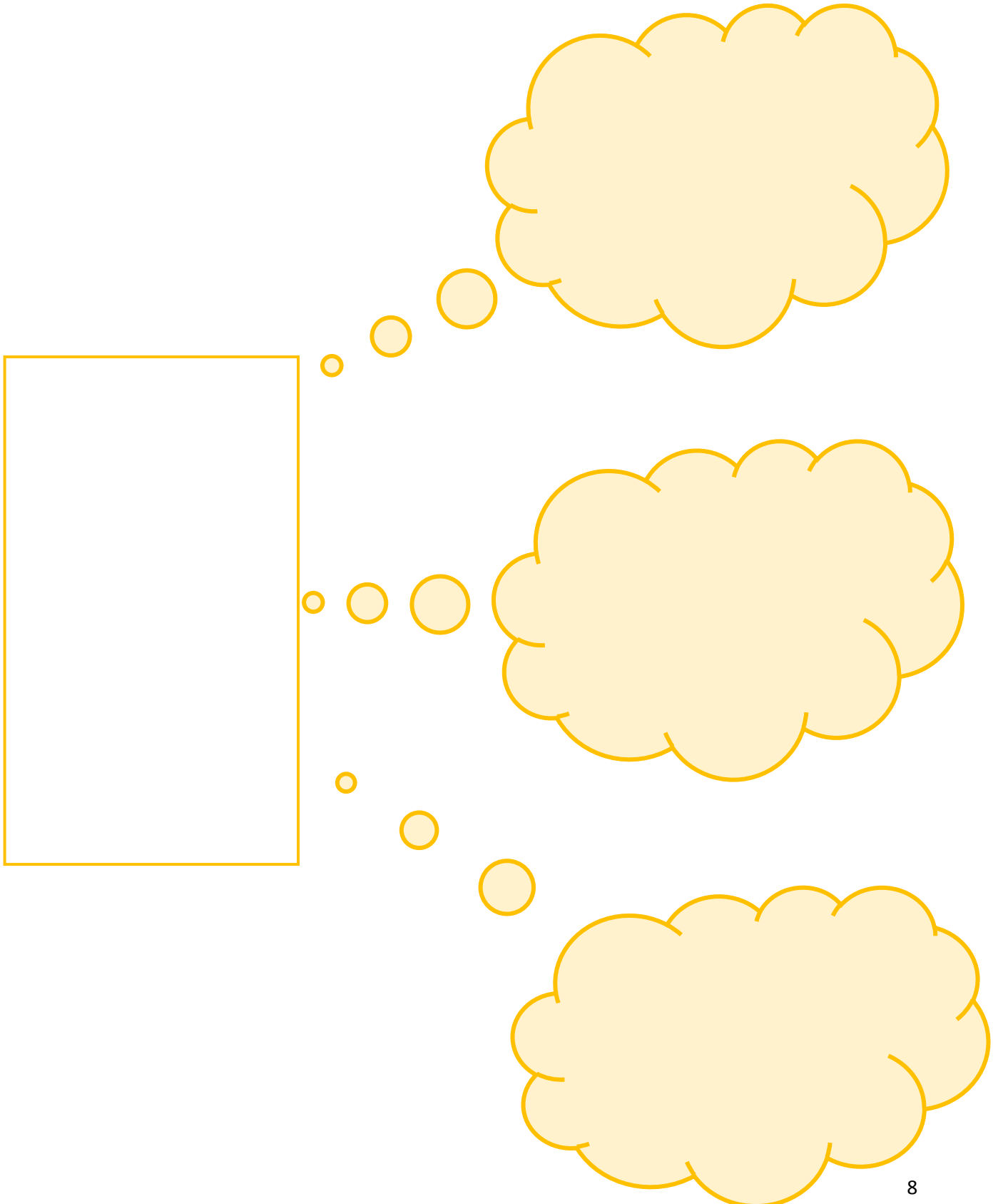
Thinking about learning from home

3 things I liked about learning from home:



The form consists of three light blue thought bubbles arranged vertically on the left side of the page. Each bubble is connected to a large, empty rectangular box on the right side by a series of smaller circles of varying sizes, representing a thought process. The box is intended for the user to write their responses to the prompt above.


3 things I am excited for when I go back to school:




The worksheet consists of a large empty rectangular box on the left side, intended for a child to write their response. To the right of this box are three thought bubbles, each connected to the box by a series of small circles of increasing size, leading to a larger, cloud-like bubble. The bubbles are yellow with a dark yellow outline.

Starting conversations with my friends


Here are some things I could say to start conversations with my friends. I can answer these questions too! There is space for me to add my own ideas.




Are you excited to be back at school?



What was your favourite thing about being at home?



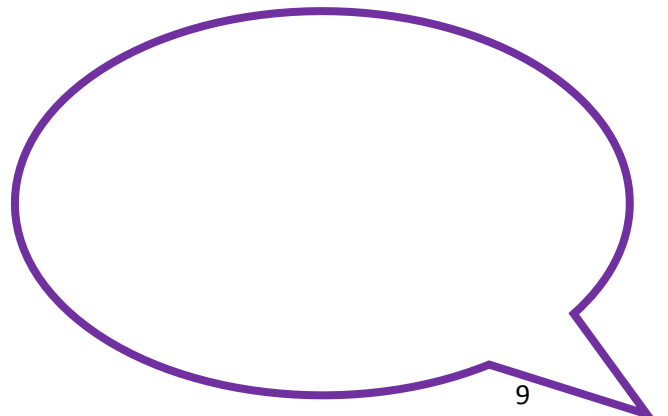
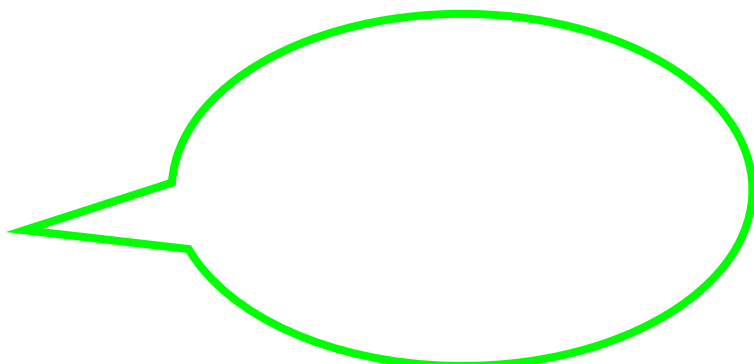
I did some cooking at home, did you?



What did you do at home?



It feels a bit funny being back at school doesn't it!



It is safe to go back to school.

My friends will be excited to see me!

It will be fun to be back at school again.

