



**HARRISON**  
EST.1994



# EAT GOOD LIVE HAPPY

Harrison Catering Services is an independent, family-owned business with a simple approach: we prepare fresh food every day from fresh ingredients. This means that all your child's delicious meals are prepared daily by our trained cooks.

We're delighted to work in partnership with the London Borough of Ealing, and serving your children great food! If you have any comments, please get in touch.

020 8280 0311 or [ealing@harrisoncatering.co.uk](mailto:ealing@harrisoncatering.co.uk)

For all enquiries regarding free meal entitlement, please contact your child's school or telephone 020 8825 5566 or email:

[pupilssupport@ealing.gov.uk](mailto:pupilssupport@ealing.gov.uk)



Find out more at [harrisoncatering.co.uk/harrison-schools/our-services](http://harrisoncatering.co.uk/harrison-schools/our-services)



Our menus meet school food standards and offer a wide range of dishes tailored to the individual needs of each school.

We use high-quality, sustainably-sourced, seasonal food. Our menus feature organic ingredients, British free-range eggs, Red Tractor-certified cheddar cheese, pole and line caught tuna, and fresh, British-sourced meat and poultry. We also now offer reduced sugar content in our desserts.



We are proud to have been awarded the Soil Association's Silver Food for Life Served Here Award, which means our methods have been independently audited and proven to be of exceptional quality.



# WEEKLY MENU

Please note Dishes may vary due to local choice at your school

(v) = vegetarian

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1 w/c</b> 24 <sup>th</sup> February 16 <sup>th</sup> March 20 <sup>th</sup> April 11 <sup>th</sup> May 8 <sup>th</sup> June 29 <sup>th</sup> June 20 <sup>th</sup> July	<b>Meat Free Monday</b> Tomato and Basil Pasta (v)  Jacket Potato with Cheese and Baked Beans (v)  Peach Oaty Crumble with Custard	Chicken and Sweetcorn Pie with New Potatoes  Cheese and Leek Pie with New Potatoes (v)  Red Velvet Cake	<b>American Style Food Bar</b> Lamb Burger in a Bun with Potato Wedges  Bean Burger in a Bun with Potato Wedges (v)  Selection of Homemade Dressings  Ice Cream Sundae	Chicken Pasta Bake  Vegetable and Lentil Bolognese with Penne Pasta (v)  Harrison Bear Biscuit	Breaded Fish Fingers with Chips and Homemade Tomato Ketchup  Cornish Style Vegetable Pasty with Chips (v)  Strawberry Mousse with Fruit Wedges
<b>Week 2 w/c</b> 2 <sup>nd</sup> March 23 <sup>rd</sup> March 27 <sup>th</sup> April 18 <sup>th</sup> May 15 <sup>th</sup> June 6 <sup>th</sup> July	<b>Meat Free Monday</b> Sweetcorn and Red Bean Jollof Style Rice (v)  Macaroni Cheese (v)  Strawberry Ice Cream with Fruit Wedges	<b>Asian Style Food Bar</b> Tandoori Style Chicken  Singapore Style Noodles (v)  Sides: Rice Apple Chutney Tomato Chutney  Pineapple and Coconut Sponge with Custard	Lamb Kofta in a Mild Curry Sauce with Rice  Pasta Neapolitan (v)  Orange Jelly with Apple Wedges	Roast Lemon and Thyme Chicken with Roast Potatoes  Cheese and Carrot Pinwheel with Roast Potatoes (v)  Chocolate Sponge with Chocolate Sauce	Salmon Fishcake with Chips  Cheese and Tomato Pizza with Chips (v)  Yoghurt Bar: Natural Yoghurt with Assorted Fruit Toppings
<b>Week 3 w/c</b> 9 <sup>th</sup> March 30 <sup>th</sup> March 4 <sup>th</sup> May 1 <sup>st</sup> June 22 <sup>nd</sup> June 13 <sup>th</sup> July	<b>Meat Free Monday</b> Pasta Italienne (v)  Indian Style Vegetable Parcel with Curry Sauce and Rice (v)  Lemon and Lime Cake with Custard	Chicken Sausages with Potato Wedges  Carrot and Leek Sausages with Potato Wedges (v)  Apple and Sultana Flapjack	<b>Pasta Bar</b> Penne, Fusilli or Wholemeal Pasta with a choice of sauce:  Lamb Bolognese Pesto Sauce (v) Garlic and Herb Sticks  Raspberry Ripple Ice Cream with Fruit Puree	Jerk Style Chicken with Rice  Jacket Potato with BBQ Baked Beans (v)  Banana Muffin with Fruit Wedges	Breaded Fish with Chips and Homemade Tomato Ketchup  Mixed Bean Enchilada with Chips (v)  Strawberry Jelly with Fruit

AVAILABLE DAILY

We also serve a choice of salads, selection of vegetables, freshly baked bread, fresh fruit platters, fruit yoghurt and water.